



THE CABIN
Singapore

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.00am - 10.00am		Trauma Track Psychoed Group				Family Systems Therapy
10.00am - 12.00pm		Trauma Experiential Group Therapy		TRE Group		Family Systems Therapy
1.00pm - 05.00pm	One-on-one Counselling	One-on-one Trauma Therapy EMDR & TRE One-on-one	One-on-one Counselling	One-on-one Counselling	One-on-one Counselling	
6.00pm - 7.00pm	Process Group RZ I	Recovery Choices (M.1) 6.00pm-7.30pm	Process Group RZ I and II	6.30pm - 7.30pm CCG	Process Group RZ I and II	
7.15pm - 8.30pm	Focus Group RZ I: Lecture		Focus Group RZ I: ABCs		Focus Group RZ I: Mind Mapping	
			Focus Group RZ II: Advanced ABCs		Focus Group RZ II: Advanced Lectures	